



Leon Barrow

285 lbs.

- Senior
- Williamsburg, Va.
- Lafayette

On Barrow: Expected to compete for a starting spot at heavy-weight...Will focus on wrestling full-time for the first time after competing with the football team for the past two years.

2007-08: Split time at heavyweight with Josh Wine...Went 9-9 overall and 3-3 in dual matches...Won the heavyweight class at the Davidson Open (12/1)...Scored a dual victory in VMI's 21-14 win over Campbell (1/12)...Won a match at the Southern Scuffle and at the All-Academy Championships...Also played on the football team at defensive line.

2006-07: Won a pair of matches at the Southern Scuffle and Virginia Intercollegiates...Defeated GMU's Ryan Kittrick in overtime in a dual match after losing to him just four days earlier at the State Championships.

2005-06: Did not see action.

High School: Four-year letterwinner at Lafayette...Named All-District, All-Region and All-State at heavyweight for head coach Bruce Shumaker...Lettered at nose tackle and received All-District and All-Region honors in football, while receiving the same honors in indoor and outdoor track and field in the shot-put and discus.

Personal: Son of Wendell Barrow and Leone Vigil... Mechanical Engineering major.

Barrow's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
05-06	Did Not Compete						
06-07	5-7	1-3	0-1	0	0	0	3
07-08	9-9	3-3	0-3	0	0	0	12
Total	14-16	4-6	0-4	0	0	0	15



Jake Barton

141 lbs.

- Freshman
- Louisville, Ky.
- Trinity

On Barton: Expected to provide depth at 141 lbs.

High School: Four-year letterwinner at Trinity in Louisville, Ky...Scored most pins on team during career that featured 153 wins (153-50)...Wrestled under head coach Eddie Rudolph

Personal: Son of Tamara and Stephen Barton...History major.



Zack Bontrager

133 lbs.

- Freshman
- Williamsburg, Va.
- Fort Campbell (Ky.)

On Bontrager: Expected to push for a starting spot at 133 lbs.

High School: Four-year letterwinner under head coach Scott Lowe at Fort Campbell...Accumulated 139 victories (139-26) during career, including 96 pins...Competed as a member of the Peninsula Wrestling Association.

Personal: Son of Paul and Kell Bontrager...Mechanical Engineering major.



Jack Boswell

149 lbs.

- Freshman
- Canal Winchester, Ohio
- Canal Winchester

On Boswell: Will provide depth at 149 lbs.

High School: Four-year letterwinner at Canal Winchester under head coach Trent Brooks...Mid-state league champion...Sectional champion.

Personal: Son of Robert and Julie Boswell...Father, Robert, swam competitively at JMU...English major.



Michael Bowman

133 lbs.

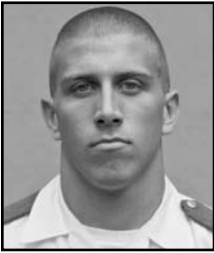
- Freshman
- McLean, Va.
- Langley

On Bowman: Could push for a starting spot at either 133 or 141 lbs.

High School: High school career at Langley saw him go 150-24...School record holder for career wins, and was first wrestler in school history to record 100 wins...Twice placed among the top three at Virginia's AAA State Championships...As a senior, he was runner-up at 125 lbs...Placed third in state at 103 lbs. as a sophomore...Three-time district and region champion under head coach John Belyea.

Personal: Son of Michael and Annie Bowman...Economics and Business major.





Matt Brock

157 lbs.

- Freshman
- Richmond, Va.
- Douglas Freeman

On Brock: Expected to provide depth at 157 lbs.

High School: Comes to VMI after placing sixth at 152 lbs. in the AAA State Championships as a senior...Won Central Region Tournament...All-Metro selection by the Richmond Times-Dispatch at 152 lbs. after going 46-6 as a senior...Two-time Colonial District champion...Two-year letterwinner in lacrosse.

Personal: Son of Clement and Mary Ann Brock...Brother, Will, played football at Elon...Brother, Louie, played football at Coastal Carolina...Civil Engineering major.



Richard Crozier

141 lbs.

- Sophomore
- Roanoke, Va.
- Northside

On Crozier: Could be in the mix to contribute at 141 & 149 lbs.

2007-08: Did not compete.

High School: Three-year letterwinner at Northside...Two-time placewinner in the Blue Ridge District at 140 lbs...Two-year letterwinner in baseball...Three-year letterwinner in cross country, where he qualified for State...Five-time National Indoor Qualifier and two-time placewinner in Inline Speedskating...Also qualified for Nationals in Outdoor Inline Speedskating.

Personal: Son of Tommie and Denise Crozier...Psychology major.



Kyle Elgert

165 lbs.

- Senior
- Glen Allen, Va.
- Hermitage

On Elgert: Enters the season as the starter at 165...After competing at 174, 184 and 197 previously, will be able to focus his efforts at 165 as a senior.

2007-08: Did not compete.

2006-07: Competed in 11 of VMI's 14 duals...Posted a 6-2 win at 197 pounds against Rory Bosek of Liberty...Wrestled at 174, 184 and 197...Posted a major decision at the All-Academy Championships, wrestling at 197 lbs.

2005-06: Started for the Keydets at both 184 and 197 lbs...Posted a major decision at the All-Academy Championships, competing at 197 lbs...Won two matches at the Nittany Lion Open, competing at 184 lbs.

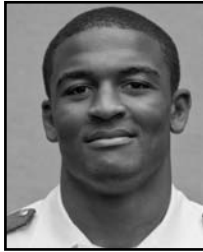
High School: Four-year letterwinner at Hermitage...Two-

time team MVP, District Champ and Regional Champ...Three-year captain while wrestling from 145 lbs. to 171 lbs...Set a school record with 47 wins in a season...Ranks second all-time at Hermitage with 133 wins under head coach Kelly Guempel... Also lettered twice in football and was a member of the All-Region team...Ran cross country... Grandfather played professional baseball...Won the Principal's Merit Award.

Personal: Son of Kenneth and Mercedes Elgert...Chemistry major.

Elgert's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
05-06	5-22	1-10	0-5	1	0	0	6
06-07	3-19	1-10	0-4	1	0	0	3
07-08	Did Not Compete						
Total	8-41	2-20	0-9	2	0	0	9



Ronnie Ellsworth

197 lbs.

- Sophomore
- Newport News, Va.
- Menchville

On Ellsworth: Expected to start at 197 lbs. this season after gaining valuable experience as a freshman.

2007-08: Started at 197 lbs...Won four matches, including one each at the Pembroke Open, Keystone Classic, and All-Academy Championships...Also scored a victory in VMI's dual win over Wagner (11/3)...Competed in 12 of VMI's 14 duals and four of the Keydets' five SoCon matches.

High School: Placed sixth at the Virginia AAA State Championships at 215 pounds as a senior...Two-time District Champion and Regional runner-up...Went 35-7 as a senior... Competed for the Peninsula Wrestlers Association.

Personal: Son of Ronald and Sybil Ellsworth...Psychology major.

Ellsworth's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
07-08	4-21	1-11	0-4	0	0	0	6
Total	4-21	1-11	0-4	0	0	0	6



Michael Frossard

174 lbs.

- Sophomore
- Gurnee, Ill.
- Warren Township

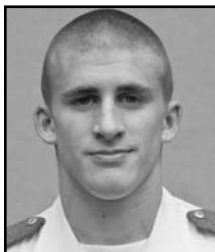
On Frossard: Expected to provide depth at 165 lbs.

2007-08: Did not compete.

High School: Two-year letterwinner at Warren Township...Competed at 171 and 189 lbs...Two-time winner of the Team Hustle Award...Named Athlete of the Week...Also competed in Football and Track...Class President...Member of the National Honor Society...Won the Illinois Principals Association Award.

Personal: Son of Harold and Valerie Frossard...Mechanical Engineering major...Eagle Scout.





Vinnie Gallo

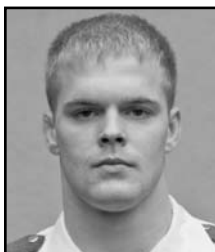
165 lbs.

- Freshman
- Wantage, N.J.
- High Point

On Gallo: Expected to provide depth at 165 lbs.

High School: District champion at 171 lbs. during senior season...Fifth in regional championship...Placed seventh at sophomore nationals...Won Coaches' Award...Four-year letterwinner under head coach Johnny Gardner...Also a two-year letterwinner in football.

Personal: Son of Dominick and Rita Gallo...Father, Dominick, wrestled collegiately...International Studies major.



Jayme Gordon

157 lbs.

- Sophomore
- Virginia Beach, Va.
- First Colonial

On Gordon: After competing at 165 lbs. last season, is expected to start at 157 lbs. as a sophomore.

2007-08: Started at 165 lbs. as a freshman...Won nine matches, including four duals...Went 2-2 in the SoCon... Ranked second on the team with six pins...Had a string of five wins in six matches in January, pinning all five opponents that he defeated...Won via pin in all four of his dual victories, coming against SoCon opponents UNC Greensboro and Davidson and in non-conference matches against Campbell and George Mason...Accounted for VMI's fastest pin of the season, doing so in 39 seconds against Davidson's Joe McGinley... Won two matches at both the Keystone Classic and Davidson Open.

High School: Three-year letterwinner at First Colonial under head coach Willie Stravino...Two-time placewinner at the Virginia AAA State Championships... As a junior, placed third at



Jayme Gordon

States at 152 lbs. and placed sixth as a senior at 160 lbs...Went 155-35 in his career.

Personal: Son of James and Pattie Gordon...Economics and Business major.

Gordon's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
07-08	9-17	4-5	2-2	1	0	6	24
Total	9-17	4-5	2-2	1	0	6	24



Jamie Hardey

149 lbs.

- Freshman
- Hamilton, Va.
- Loudoun Valley

On Hardey: Expected to provide depth at 149 lbs.

High School: Four-year letterwinner at Loudoun Valley under head coach Troy Mezzatesta...Team captain three years...Two-year team MVP...Holds school records for most pins in a season (32) and career (98) and most wins in a career (164)...Also played lacrosse during high school.

Personal: Son of Michael Hardey and Elizabeth Metzger... Mechanical Engineering major.



Jon Horne

165 lbs.

- Junior
- Falls Church, Va.
- Hayfield

On Horne: Hopes to overcome early-season injury to contribute at 165 lbs.

2007-08: Competed at both 165 and 174...Started five dual matches and one SoCon match.

2006-07: Competed at the VMI Fall Brawl and Davidson Open, both at 157 pounds.

High School: One-year letterwinner at Hayfield, competing at 171 lbs. under head coach Roy Hill...Competed at Junior national Freestyle/Greco Championships in Fargo, N.D...Also lettered two years in football at Hayfield.

Personal: Son of Robert Marshall and Michelle Horne...Aunt, Norma Horne, played basketball at George Mason...Biology major.

Horne's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
06-07	0-4	0-0	0-0	0	0	0	0
07-08	0-9	0-5	0-1	0	0	0	0
Total	0-13	0-5	0-1	0	0	0	0





Joel Hutchens

149 lbs.

- Redshirt Freshman
- Herndon, Va.
- Westfield

On Hutchens: After redshirting last season at Virginia Tech, could push for a starting spot at 149 lbs.

High School: Placed third at 2007 Virginia AAA State Championships in the 135 lb. weight class, after going 57-4 in his senior year...Four-year letterwinner at Westfield under head coach Chuck Hoskins.

Personal: Son of Douglas and Lisa Hutchens...brother, Tyler, also a member of the VMI wrestling team...History major.



Tyler Hutchens

133 lbs.

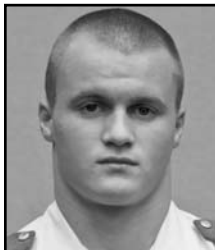
- Freshman
- Herndon, Va.
- Westfield

On Hutchens: Could vie for a starting spot at 133 lbs.

High School: Was a AAA State Placewinner (6th) at 125 lbs. as a junior...Won the AAA Northern Region title at 135 lbs...

Three-time district champion...Three-time regional champion... Four-time state qualifier...Four-year letterwinner at Westfield under head coach Chuck Hoskins

Personal: Son of Douglas and Lisa Hutchens...brother, Joel, also a member of the VMI wrestling program...International Studies major.



Nathan Iseman

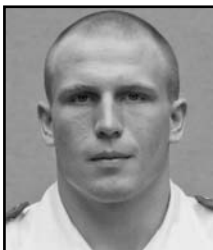
165 lbs.

- Freshman
- Onancock, Va.
- Nandua

On Iseman: Hard-worker that is expected to provide depth at 165 lbs.

High School: Three-year letterwinner at Nandua under head coach Kevin Haxter...Two-time district champion...2007-08 state champion at 171 lbs...Runner-up at Region A championships...Also lettered one year in cross country and competed on the soccer team.

Personal: Son of Bruce and Rebecca Iseman...Mechanical Engineering major.



Tommy Kendzia

184 lbs.

- Freshman
- Ashland, Va.
- Patrick Henry

On Kendzia: Will contribute at 184 lbs.

High School: Four-year letterwinner at Patrick Henry under head coach Robert Toney...Placed seventh at Virginia State Championships senior year...Two-time district champion...Three-time all-region...141 career wins...Two-year letterman in football.

Personal: Son of Tom and Melinda Kendzia...Electrical Engineering major.



Michael Long

149 lbs.

- Junior
- Jarrettsville, Md.
- Hartford Tech

On Long: Expected to begin the season as the starter at 149 lbs.

2007-08: Was not with the team.

2006-07: Wrestled three matches, going 1-2 at the VMI Rat Fall Brawl.

High School: Maryland state champion as a senior at 130 lbs. after twice finishing as state runner-up...Two-time regional champion and three-time county champion...Holds school record and county record for career wins, posting a 144-19 mark...Also a two-time state champion as a member of the Fallston Jr. Wrestling Club...Voted outstanding senior wrestler by Maryland Coaches Association...Also competed at the Virginia Duals and Disney Duals...lettered in cross country and track.

Personal: Son of Terry and Susan Long...Economics and Business major.

Long's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
06-07	1-2	0-0	0-0	0	0	0	0
Total	1-2	0-0	0-0	0	0	0	0



Curtis Moore

184 lbs.

- Freshman
- Stafford, Va.
- Gar-Field

On Moore: Expected to start at 184 lbs. for the second straight season.

2007-08: Gained valuable experience, wrestling 30 matches at 184 and 197 as a freshman...Placed third at the Virginia Intercollegiates and the Davidson Open, with both results coming at 184...Scored 10 wins, including one by major decision and one



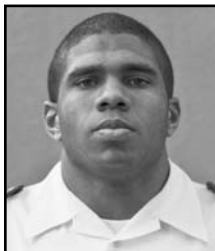
by pin...Started each of VMI's final 11 duals, including all five SoCon matches...Won matches at the Southern Scuffle and All-Academy Championships...Scored his first dual victory in VMI's win against Delaware State (2/13).

High School: Four-year letterwinner at Gar-Field under head coach Rick Seipp...School record-holder for wins in a single season, going 56-2 as a senior...Three-time State Qualifier...Career record of 121-42...As a senior, won District and Regional Championships and placed second at 2007 Virginia AAA State Championships at 189 lbs... Named All-Met and Potomac News' Most Improved Wrestler... Member of the Gunston Wrestling Club...Participated in the Scholastic Duals...Also a two-year letterwinner as a safety on the football team.

Personal: Son of Leander and Gail Moore...Psychology major.

Moore's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
07-08	10-20	1-10	0-5	1	0	1	3
Total	10-20	1-10	0-5	1	0	1	3



Dion Mosley

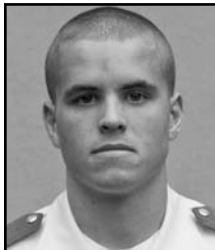
197 lbs.

- Freshman
- Chesapeake, Va.
- Indian River

On Mosley: Expected to provide depth at 197 lbs.

Personal: Competed at Indian River under head coach Mike Mercado.

Personal: Son of Dion and Sharon Mosley...is a licensed pilot...Mechanical Engineering major.



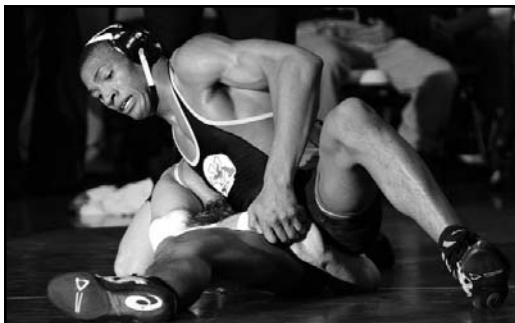
Joe Munno

149 lbs.

- Freshman
- Glen Allen, Va.
- St. Christopher's

On Munno: Freshman that will be expected to contribute at 149 and 157 lbs.

High School: Two-time VISAA State Champion, winning at both 135 and 145 lbs...Named All-Metro by the Richmond



Curt Moore

Times-Dispatch at 145 lbs following senior season after going 31-3 at 145 lbs...Four-year letterwinner under head coach Frank Kiefer...Two-year letterman in baseball.

Personal: Son of John and Jamie Munno...father is VMI Class of '84, a former Keydet wrestler, and ranks seventh on the career VMI wins list with 99...Economics and Business major.



Doug Nesmith

165 lbs.

- Sophomore
- Marco Island, Fla.
- Lely

On Nesmith: Could contribute at 165 lbs.

High School: Four-year letterwinner at Lely under head coach Steve Pricer...Voted most improved...Tallied 37 wins during senior season and 32 as a junior...Was the CCAC champion during 06-07...Also lettered in football for one season, when he posted the highest GPA on the team...Earned an academic letter all four years.

Personal: Son of William and Maryann Nesmith...Civil Engineering major.



John Pope

125 lbs.

- Redshirt Sophomore
- Hoover, Ala.
- Hoover

On Pope: Will start at 125 lbs. after redshirting last season to add strength.

2007-08: Did not compete with the team and received a red-shirt.

2006-07: Competed in 12 of VMI's 14 dual matches...Placed fourth at the Davidson Open at 125 pounds...Pinned Mostafa Ibrahim of George Mason while wrestling his lone match of the year at 133 lbs...Defeated Tyler Sim of The Citadel for his first SoCon win.

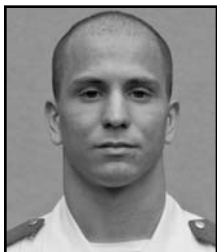
High School: Won the 6A State Championship in Alabama, wrestling at 103 lbs. his senior year...Helped Hoover to three 6A State Championships in a four-year span...Rated as high as 11th nationally in his weight class as a senior, and also collected a runner-up finish in the Alabama 6A State Championships at 112 lbs. in his junior season...Career record of 146-33...Four-year letterwinner under head coach C.T. Campbell.

Personal: Son of Jack and Andrita Pope...Economics & Business major.

Pope's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
06-07	8-24	4-8	1-4	0	0	1	18
Total	8-24	4-8	1-4	0	0	1	18





Eric Russo

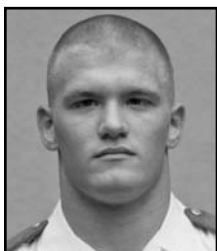
157 lbs.

- Freshman
- Linden, Va.
- Fauquier

On Russo: Expected to provide depth at 157 lbs.

High School: Joins former Fauquier HS teammate David Yost with the Keydets...Four-year letterwinner at Fauquier under head coach Bryan Hurst...Placed sixth at the AAA State Championships at 145 lbs...Won Northern Region as a senior...Also lettered two years apiece in baseball and football.

Personal: Son of Donald and Susan Russo...International Studies major.



Andrew Szymborski

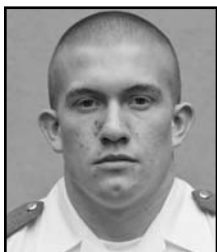
174 lbs.

- Freshman
- Crown Point, Ind.
- Crown Point

On Szymborski: Will be counted on to start at 174 lbs. as a freshman.

High School: Placed fifth at 171 lbs. in Indiana State Championships during junior season...Earned all-area, all-conference and MVP honors during career...Went 122-19 during HS career...Placed third at the High School Junior Nationals...Twice placed third in the Folkstyle Nationals...Four-year letterwinner at Crown Point under head coach Scott Vlink...Also lettered three years in football, where he earned all-area and all-conference honors as well.

Personal: Son of Donald and Diana Szymborski...Biology major.



Luke Todd

141 lbs.

- Freshman
- Fredericksburg, Va.
- Massaponax

On Todd: Could contribute at 141 lbs.

High School: Four-year letterwinner at 135 lbs. at New Kent under head coach Mike Faus...Placed sixth at the AA State Championships...Just the fourth wrestler in school history to break the 100 career wins plateau, going 117-36...Team captain...Region I Champion senior season.

Personal: Son of Andy and Veza Todd...Civil Engineering major.



Josh Wine

285 lbs.

- Sophomore
- Fredericksburg, Va.
- Massaponax

On Wine: Returning Conference Champion at heavyweight...Will be expected to compete for a starting spot after joining the team following the football season...Talented competitor that made rapid progress over the final month of the season a year ago.

2007-08: Won the Southern Conference Heavyweight title as a freshman...Was VMI's first Conference Champion at heavyweight in nine seasons...Also won a match against Oregon's Charlie Alexander (3-0) at the NCAA Championships before losing to eventual champion Dustin Fox of Northwestern...Dropped a 1-0 decision to Cleveland State's Rashard Goff at the NCAA's...Named to Amateur Wrestling News All-Rookie First Team...Won four of his nine matches on the season via pin...Did not join the team until after the football season and won his first match, pinning Gardner-Webb's Evan Rhodes in 4:04...Went 4-1 in duals and 2-0 in SoCon matches...In his first four dual matches, had three pins and a major decision...Also pinned his first opponent at the SoCon Championships.

High School: Virginia State AAA Champion at heavyweight as a senior, going 46-0 with 28 pins to bring his three-year career record to 105-9...As a junior, was runner-up in the AAA Championships at 285 lbs., when he went 28-3...Placed third in States as a sophomore...School record-holder with 105 career wins and 69 career pins under head coach Rob Prebish.

Personal: Son of Jeff and Crystal Furnia...Psychology major.

Wine's Career Stats

Yr.	Overall	Dual	SoCon	MD	TF	Pins	Pts.
07-08	9-4	4-1	2-0	1	0	4	22
Total	9-4	4-1	2-0	1	0	4	22



David Yost

141 lbs.

- Freshman
- Broad Run, Va.
- Fauquier

On Yost: Could contend for a starting spot at 141 lbs.

High School: Placed in the top four at the Virginia State Championships three different times...AAA runner-up at 130 lbs. as a senior...Placed fourth in the AAA Championships as a junior at 125 lbs...AA State runner-up at 103 lbs. as a freshman...Finished his HS career 181-30 with 400-plus takedowns...Qualified for state championship each season of high school...2007 Freestyle State Champion...2007 Greco State runner-up...Member of the National Honor Society.

Personal: Son of Erick and Lisa Yost...International Studies major.

